

Tolerable

VS

Genuine

Recovery



Counseling Tips

1. The counseling profession is not standardized. Standardization means the same everywhere.

One counselor in Texas might counsel from a new age perspective, while a counselor in Ohio might counsel from a humanistic perspective. All counselors do not receive the same training nor credentialing! Check to make sure the services you are receiving include Spiritual principles. Make sure your counselor is trained in helping you to reach genuine recovery. We require all counselors to have training in Wisdom Counseling™, Needs Model™, Seven Steps to Freedom In Christ, TheoPhostic Basic and Advanced Training and Temperament Therapy.

2. Better verses Freedom.

Some traditional counseling has a negative image and reputation in part because of the fact that it takes so long to get better. Some people are told they will be in therapy all of their life. With complete resolution of the root problem and proper support system, it is not necessary to be in counseling for years and years, nor for a lifetime

Better could be defined as I am a step beyond where I was in my current struggles. However, I am still struggling. It would be similar to giving a blind man 2% eye sight. He is better than before. However, what if you could give him 100% sight. He would not be better he would be cured from blindness. *“To give light to them that sit in darkness”, Luke 1:79.*

God, through his word, promises *“And ye shall know the truth, and the truth shall make you free.” John 8:32.* Jesus makes us free as he states in *John 8:36, “If the Son therefore shall make you free, ye shall be free indeed.”*

I choose freedom over “better.”

3. Counseling must be Truth centered and not the Therapist’s opinion only.

4. Counseling must be enhanced by scientific data.

5. The therapist must genuinely care for and have a heart for hurting people.

6. The counseling center must have a variety of services available to treat the whole person.

7. The counseling center must have books, CD’s and DVD’s available to help counselee to reach full recovery quicker.

8. The counseling center’s staff must have a calling and a burden to help others. They should not consider it just a job.

9. The therapist must be committed to continuing education and personal development.

10. The therapist must be active in church and the community.

“Abundant Life Quickly Gets To The Heart of The Matters of Life”
“Abundant Life – Where people can reach full recovery and experience genuine inner-emotional healing and freedom.”