

To Be Free

In each of us there is an urge to be free:
to live without worry and stress and distress and pain.

We all want to be free from:

Frustration

Guilt

Resentment

Blame

Fear

Anger

Discouragement

Worry

Unfulfilled desires

To be really free, you must unlock the gate that holds your higher self imprisoned in darkness and anguish. The key to the gate lies deep within your being. It is hidden behind years of disappointment and unexpressed desires. To find it you will have to look with courage and calm. You must persist when you feel that the search is in vain. For to be truly free the search must begin and once begun you cannot go back. It is not a search for timid soul. The road inside is cluttered with all sorts of baggage and illusions as well as erroneous beliefs that have become etched on your mind. Your key to freedom lies in your power to control your thoughts.

In Christ,
Tim Connor